

Course Calendar for the APMT Certification Program

Live Sessions run from July 27- November 2023



April 24, 2023 Registration Opens

*Upon registration, instructions will be shared for registered MTs to create their Living Metta account password and are invited to join the Private APMT Group on Facebook to connect with their colleagues, the Living Metta faculty team and certified APMT grads.

May 1, 2023 APMT Home Study Modules Goes Live

Registered MTs gain access to the complete APMT Home Study portal and may begin their online coursework. *Therapists must complete the relevant Home Study Module pre-work prior to attending the live zoom hands-on review sessions (schedule below).*

July 20, 2023 APMT Round 3 Registration Closes

July 27, 2023 Live APMT Hands-On sessions Begin

Live Zoom Classes Schedule*:

All the mandatory live Zoom classes occur every other Thursday. Be sure to add the following dates and times to your calendar now.

9am-1pm Pacific Time
10am-2pm Mountain Time
11am-3pm Central Time
12pm-4pm Eastern Time

7/27 Live Session #1: The Four Essentials Part 1 Hands-On Practice

8/10 Live Session #2: All Tools on Deck Hands-On Practice

8/24 Live Session #3: The Four Essentials Part 2 Hands-On Practice

9/7 Live Session #4: Upper Body Therapies: From Face to Fingers

9/21 Live Session #5: Lower Body Therapies: From Core to Floor

10/5 Live Session #6: Advanced Communication and Session Creation

10/19 Live Session #7: Critical Thinking & Strategies to Maximize Healing

11/2 Live Session #8: Hands-On Final Exam Review

**To be eligible to join the Live Zoom Classes, therapists must*

- 1. complete Pre-work ahead of time (the associated Home Study Module") and*
- 2. have their APMT demo partner and table/linens/pertinent tools available.*

Full day, in-person Final Exam

11/13-11/21, 9am-5pm: Therapists who complete their coursework as assigned qualify to attend the hands-on exam. Therapists will be assigned to attend **one** of the final exam test dates closest to their clinic. Assigned locations TBA by August 27, 2023.