

# MASSAGE THERAPY CE COURSES

Taught by Heath & Nicole Reed, Massage & Movement Therapists

*Calling all Current Massage Envy Therapists: Come get your CE's!!*

**\*Choose from 5 Hands-On Courses**

**\*Earn 8 CEs Each Day for Only \$75**

**\*Expand Your Skills. Recharge. Have Fun!**



**July 8-12 2019, 730am-4pm in Orland Park or Elk Grove**

## **Global Reflexology July 8th in Orland Park**

Thumbs-Free Approaches to Foot Massage from Around the World

## **Sports Massage July 9th in Orland Park**

Rehab & Prehab Therapies to Heal Foot, Ankle, Knee, & Hip Pain

## **Total Body Stretch July 10th in Elk Grove**

Learn the TBS basics + advanced stretches and modifications

## **Intro to Cranial Sacral Therapy July 11th in Elk Grove**

Grow your intuition and provide minimal pressure for maximum relaxation

## **Medical Massage for Hand, Arm & Shoulders July 12 Elk Grove**

Anatomical Review and Targeted Approaches to Healing Carpel Tunnel, Golfer's & Tennis Elbow, and Shoulder Pain

Don't Miss Out on Your Chance to Join in the FUN!  
Class Sizes is Limited so Register Now to Secure Your Spot!

### **Online Registration Instructions:**

1. Visit [HeathandNicole.com](http://HeathandNicole.com)
2. Select the "Classes" menu button and click "Live Classes" button
3. Scroll to the class you'd like to attend and complete the information
4. You will receive an auto responder upon receipt with additional logistics

More questions...?

Visit [HeathandNicole.com](http://HeathandNicole.com) or email [info@HeathandNicole.com](mailto:info@HeathandNicole.com)